

A new answer to “have you got a minute?”

1-minute consultations



What is your take on how to achieve this goal or a piece of it?

Step 1: Share your idea with your partner. *(1 minute)*

Step 2: Partner offer another perspective for the idea you just heard, even if you agree with the original idea. *(1 minute)*

Step 3: Switch roles and repeat steps 1 and 2. *(Total time: 2 minutes)*

Step 4: If time permits, find a new partner and repeat steps 1 and 2. *(Total time: 4 minutes)*